# **SNAKE BITES**

# UPDATED

# 1/2024

## **ALL PROVIDERS / EMT**

- □ Focused history and physical exam
  - Identify and document the type of snake, appearance, location, and distinguishing marks.
  - Obtain an accurate time of injury.
  - Clarify any first aid provided by friends or family prior to arrival.
  - Signs of envenomation including paresthesia, metallic taste, chills, nausea, vomiting, headache, dysphagia, cramps, hypotension, fever, local edema, blebs, and discoloration.
- □ Continuous cardiac monitor, ETCo2, and pulse oximetry

### Treatment Plan

- Ensure scene safety by moving the patient to a safe distance, away from the snake.
- Splint limb and place at the level of the heart.
- Keep patient calm and movement to a minimum. You may need to treat for pain and/or anxiety to help achieve this goal
  - **For Pain: refer to the** *Pain Management Guideline.*
  - □ For Anxiety: refer to the *Behavioral Emergencies Guideline*.
  - Do not combine the two guidelines prior to contacting OLMC.
- Remove items that may constrict swelling tissue, such as rings or bracelets.

### □ Key considerations

- Do not start the IV or obtain blood pressure in the affected limb.
- Do not apply ice to the limb.
- Do not try to capture the snake.
- Do not bring a live or dead snake to the ED.
  - Remember that snakes can reflexively envenomate up to 1 hour after death even without a head attached.
- Pictures of the snake can be helpful.
- Any snakebite can be dangerous and should be evaluated in the ED.
- Watch for signs of shock and allergic reaction.

### ADULT

### PEDIATRIC (<15 years of Age) NOTE: Pediatric weight based dosing should not exceed Adult dosing.

# AEMTAEMTAdvanced airway, vascular access, and fluid<br/>therapyAdvanced airway, vascular access, and fluid<br/>therapyPARAMEDICPARAMEDIC

Persistent hypotension unresponsive to fluids

- □ Epinephrine 2-10mcg IV/IO infusion for hypoperfusion. Titrate to maintain a SBP >100 mmHg or MAP of 65
- Push Dose Epinephrine 2-10mcg as needed to maintain a SBP >100 mmHg or MAP of 65
- □ Norepinephrine 0.1-0.5 mcg/kg/min IV/IO infusion. Titrate up to 30 mcg/min to maintain a SBP >100 mmHg or MAP of 65.

Persistent hypotension unresponsive to fluids

- Epinephrine 0.1–1 mcg/kg/min IV/IO infusion for hypoperfusion. Titrate to maintain a SBP >70+ (age in years x 2) mmHg.
- □ **Push Dose Epinephrine 1mcg/kg** as needed to maintain a SBP >70 + (age in years x 2) mmHg.
- Norepinephrine 0.05 0.1 mcg/kg/min IV/IO infusion. Titrate to max of 2 mcg/kg/min to maintain SBP >70 + (age in years x 2) mmHg